



## BREAKFAST

# DECEMBER 2023

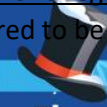
## Hononegah Community High School

Menu subject to change. This institution is an equal opportunity provider.

Reduced Price Breakfast \$.30 cents/ Paid Price Breakfast \$2.25

\*Please email [msmall@hononegah.org](mailto:msmall@hononegah.org) to discuss special dietary needs.

A Doctor's note is required to be on file with the school nurse.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Cinnamon Glazed  
French Toast & Sausage or  
Cereal or Muffin or  
Benefit Bar or Frudal  
Apples, Oranges, Applesauce  
Plain 1% or Chocolate Fat Free Milk  
Maple Syrup

4

Frudals  
or  
Cereal or Muffin  
or  
Benefit Bar  
Apples, Oranges, Bananas, Juice  
Plain 1% or Chocolate Fat Free Milk

5

Breakfast Burrito & Salsa  
(eggs, cheese, sausage) or  
(peppers, egg, potato, cheese)  
Cereal or Muffin or  
Benefit Bar or Frudal  
Apples, Oranges, Fruit Cup  
Plain 1% or Chocolate Fat Free Milk

6

Freshly Baked  
Cinnamon Roll  
or  
Cereal or Muffin or  
Benefit Bar or Frudal  
Apples, Oranges, Bananas, Juice  
Plain 1% or Chocolate Fat Free Milk

7

Bagel Sandwich  
(Egg, Bacon, Cheese) or  
Cereal or Muffin or  
Benefit Bar or Frudal  
Apples, Oranges, Applesauce  
Plain 1% or Chocolate Fat Free Milk  
Ketchup

1

Cinnamon Glazed  
French Toast & Sausage or  
Cereal or Muffin or  
Benefit Bar or Frudal  
Apples, Oranges, Applesauce  
Plain 1% or Chocolate Fat Free Milk  
Maple Syrup

11

Mini Waffles  
Maple Syrup  
or  
Cereal or Muffin or  
Benefit Bar or Frudal  
Apples, Oranges, Bananas, Juice  
Plain 1% or Chocolate Fat Free Milk

12

Eggs, Biscuit & Hashbrown  
or  
Cereal or Muffin or  
Benefit Bar or Frudal  
Apples, Oranges, Fruit Cup  
Plain 1% or Chocolate Fat Free Milk  
Butter, Jelly, Ketchup

13

Freshly Baked  
Cinnamon Roll  
or  
Cereal or Muffin or  
Benefit Bar or Frudal  
Apples, Oranges, Bananas, Juice  
Plain 1% or Chocolate Fat Free Milk

14

Bagel Sandwich  
(Egg, Bacon, Cheese) or  
Cereal or Muffin or  
Benefit Bar or Frudal  
Apples, Oranges, Applesauce  
Plain 1% or Chocolate Fat Free Milk  
Ketchup

15

**EXAMS**  
**BREAKFAST**  
**AND LUNCH OPTIONS**  
**AVAILABLE IN THE MAIN AP**  
**ROOM**  
7:30 A.M. -12:30 P.M.

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**EXAMS**  
**BREAKFAST**  
**AND LUNCH OPTIONS**  
**AVAILABLE IN THE MAIN AP**  
**ROOM**  
7:30 A.M. -12:30 P.M.

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**EXAMS**  
**BREAKFAST**  
**AND LUNCH OPTIONS**  
**AVAILABLE IN THE MAIN AP**  
**ROOM**  
7:30 A.M. -10:30 P.M.

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**EMERGENCY**  
**DAY**

21

**WINTER BREAK**  
**NO SCHOOL**

22

**WINTER BREAK**  
**NO SCHOOL**

25

**WINTER BREAK**  
**NO SCHOOL**

26

**WINTER BREAK**  
**NO SCHOOL**

27

**WINTER BREAK**  
**NO SCHOOL**

28

**WINTER BREAK**  
**NO SCHOOL**

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We hope you will join us for breakfast. We offer a variety of options to choose from daily. All options are available to all students. Menus are posted by the serving line that list all options available daily.

Please make sure to have your ID card with you at breakfast. You MUST scan your ID card to receive breakfast and make any A La Carte Purchases.

Gluten Free options and other special diet options (by request only and require a Doctor's note to be on file with the school nurse)

Plant based meal options available by request only in advance.

A La Carte items are also available for purchase on all serving lines.