



# SEPTEMBER 2023

## Hononegah Community High School

Menu subject to change. This institution is an equal opportunity provider.

Reduced Price Lunch \$.40 cents/ Paid Price Lunch \$3.50

\*Please email [msmall@hononegah.org](mailto:msmall@hononegah.org) to discuss special dietary needs.

A Doctor's note is required to be on file with the school nurse.

Monday



4

**LABOR DAY  
NO SCHOOL**

Mozzarella Sticks & Marinara Sauce or  
Salad Bar or Deli Sandwiches or Parfait with  
Apples, Oranges, Applesauce  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices,  
Steamed Broccoli  
Plain 1% or Chocolate Fat Free Milk

Tuesday



5

Variety of Pizza or Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Bananas, Sidekick  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices,  
Steamed Broccoli  
Plain 1% or Chocolate Fat Free Milk

Wednesday



6

Chicken or Cheese Quesadilla or  
Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Fruit Cup  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices, Refried Beans  
Plain 1% or Chocolate Fat Free Milk

Thursday



7

Bosco Sticks & Marinara Sauce or  
Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Bananas, Gello Cup  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices, Steamed Corn  
Plain 1% or Chocolate Fat Free Milk

Friday



1

BBQ Rib Sandwich or  
Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Juice  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices, Baked Beans  
Plain 1% or Chocolate Fat Free Milk

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Variety of Pizza or Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Applesauce  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices,  
Steamed Broccoli  
Plain 1% or Chocolate Fat Free Milk

Orange Chicken over Brown Rice or  
Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Bananas, Sidekick  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices  
Plain 1% or Chocolate Fat Free Milk

Nachos or  
Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Fruit Cup  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices  
Plain 1% or Chocolate Fat Free Milk

Lasagna & Garlic Bread Sticks or  
Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Bananas, Gello Cup  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices, Green Beans  
Plain 1% or Chocolate Fat Free Milk

Hotdog on Bun or  
Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Juice  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices, Chickpeas  
Plain 1% or Chocolate Fat Free Milk

Variety of Pizza or Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Applesauce  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices,  
Steamed Broccoli  
Plain 1% or Chocolate Fat Free Milk

Chicken or Cheese Quesadilla or  
Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Bananas, Sidekick  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices, Refried Beans  
Plain 1% or Chocolate Fat Free Milk

Build Your Own Sub Sandwich or  
Salad Bar or Parfait with  
Apples, Oranges, Fruit Cup  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices  
Plain 1% or Chocolate Fat Free Milk  
Cookie & Baked Chips

Bosco Sticks & Marinara Sauce or  
Salad Bar or  
Deli Sandwiches or Parfait with  
Apples, Oranges, Bananas, Gello Cup  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices, Steamed Corn  
Plain 1% or Chocolate Fat Free Milk

Chicken Patty on Bun or Salad Bar or  
Deli Sandwiches or Parfait  
With  
Apples, Oranges, Juice  
Broccoli, Carrots, Cucumbers, Peppers  
Lettuce, Tomato Slices, Green Beans  
Plain 1% or Chocolate Fat Free Milk

We hope you will join us for lunch. We offer a variety of options to choose from daily. All options are available to all students. Menus are posted by each serving line that list all options available daily.

Please make sure to have your ID card with you at lunch. **You MUST scan your ID card to receive lunch and make any A La Carte Purchases.**

Gluten Free options and other special diet options (by request only and require a Doctor's note to be on file with the school nurse)

Plant based meal options available by request only in advance.

A La Carte items are also available for purchase on all serving lines.