



BREAKFAST

AUGUST 2023

Hononegah Community High School

Menu subject to change. This institution is an equal opportunity provider.

Reduced Price Breakfast \$.30 cents/ Paid Price Breakfast \$2.25

*Please email msmall@hononegah.org to discuss special dietary needs.

A Doctor's note is required to be on file with the school nurse.

Monday

Tuesday

Wednesday

Thursday

Friday

1

**NO SCHOOL
SUMMER
BREAK**

2

**NO SCHOOL
SUMMER
BREAK**

3

**NO SCHOOL
SUMMER
BREAK**

4

**NO SCHOOL
SUMMER
BREAK**

7

**NO SCHOOL
SUMMER
BREAK**

8

**NO SCHOOL
SUMMER
BREAK**

9

**NO SCHOOL
SUMMER
BREAK**

10

**NO SCHOOL
SUMMER
BREAK**

11

**FRESHMEN FIRST
DAY
SNACKS
PROVIDED**

14

**NO SCHOOL
SUMMER
BREAK**

15

**NO SCHOOL
SUMMER
BREAK**

16

Mini Pancakes
or
Cereal or Muffin or Parfait or
Yogurt or Benefit Bar or Frudal
Apples, Oranges, Bananas, Juice
Plain 1% or Chocolate Fat Free Milk
Maple Syrup

17

Yogurt & Animal Crackers
or
Cereal or Muffin or Parfait
or
Benefit Bar or Frudal
Apples, Oranges, Bananas, Juice
Plain 1% or Chocolate Fat Free Milk

18

Bagel Sandwich
(Egg, Bacon, Cheese) or
Cereal or Muffin or Parfait or
Yogurt or Benefit Bar or Frudal
Apples, Oranges, Applesauce
Plain 1% or Chocolate Fat Free Milk
Ketchup

21

Breakfast Pigs in a Blanket
(Sausage wrapped in pancake) or
Cereal or Muffin or Parfait or
Yogurt or Benefit Bar or Frudal
Apples, Oranges, Applesauce
Plain 1% or Chocolate Fat Free Milk
Maple Syrup

22

Waffle topped
with
Yogurt & Berries or
Cereal or Muffin or Smoothie or
Yogurt or Benefit Bar or Frudal
Apples, Oranges, Bananas, Juice
Plain 1% or Chocolate Fat Free Milk

23

Eggs, Biscuit & Hashbrown
or
Cereal or Muffin or Parfait or
Yogurt or Benefit Bar or Frudal
Apples, Oranges, Fruit Cup
Plain 1% or Chocolate Fat Free Milk
Butter, Jelly, Ketchup

24

Freshly Baked
Cinnamon Roll
or
Cereal or Muffin or Smoothie or
Yogurt or Benefit Bar or Frudal
Apples, Oranges, Bananas, Juice
Plain 1% or Chocolate Fat Free Milk

25

Bagel Sandwich
(Egg, Bacon, Cheese) or
Cereal or Muffin or Parfait or
Yogurt or Benefit Bar or Frudal
Apples, Oranges, Applesauce
Plain 1% or Chocolate Fat Free Milk
Ketchup

28

Cinnamon Glazed
French Toast & Bacon or
Cereal or Muffin or Parfait or
Yogurt or Benefit Bar or Frudal
Apples, Oranges, Applesauce
Plain 1% or Chocolate Fat Free Milk
Maple Syrup

29

Smoothie
and
Breakfast Muffin or
Cereal or Muffin or Smoothie or
Yogurt or Benefit Bar or Frudal
Apples, Oranges, Bananas, Juice
Plain 1% or Chocolate Fat Free Milk

30

Breakfast Burrito & Salsa
(eggs, cheese, sausage) or
(peppers, egg, potato, cheese)
Cereal or Muffin or Parfait or
Yogurt or Benefit Bar or Frudal
Apples, Oranges, Fruit Cup
Plain 1% or Chocolate Fat Free Milk

31

Whole Grain
Glazed Donut
or
Cereal or Muffin or Smoothie or
Yogurt or Benefit Bar or Frudal
Apples, Oranges, Bananas, Juice
Plain 1% or Chocolate Fat Free Milk



We hope you will join us for breakfast. We offer a variety of options to choose from daily. All options are available to all students. Menus are posted by the serving line that list all options available daily. Please make sure to have your ID card with you at breakfast. You MUST scan your ID card to receive breakfast and make any A La Carte Purchases. Gluten Free options and other special diet options (by request only and require a Doctor's note to be on file with the school nurse) Plant based meal options available by request only in advance. A La Carte items are also available for purchase on all serving lines.